



April is Sexual Assault Awareness Month

This April there are plenty of opportunities to get involved with the SARP Center and help us raise funds so we can continue to serve survivors of sexual assault, their loved ones & the community through our low or no cost programs. Call 545-8888 for more information about services offered by the SARP Center.

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AVILA BAY
Athletic Club & Spa
SUNDAY, APRIL 3rd
Avila Bay Athletic Club Women's Empowerment & Self-Defense Workshop
12 pm - 4 pm

ATHLON
FITNESS & PERFORMANCE
ALL MONTH LONG: Make a donation to the SARP Center when you sign-up for a membership at Athlon Fitness & Performance & your enrollment fee will be waived!

EQUILIBRIUM
FITNESS FOR WOMEN
ALL MONTH LONG: Make a donation to the SARP Center when you sign-up for a membership at Equilibrium Fitness for Women & your enrollment fee will be waived!

ALL MONTH LONG: Make a donation to the SARP Center when you join the Avila Bay Athletic Club & receive 75% off your enrollment!
MONDAY, APRIL 11th
Women's Empowerment & Self-Defense Workshop
12 pm - 4 pm

MONDAY, APRIL 18th
Bring in our flyer all day long and a portion of your purchase will be donated to the SARP Center!
WOODSTOCK PIZZA
Gay Men's Empowerment & Self-Defense Workshop
7 pm - 9 pm at Cal Poly

TUESDAY, APRIL 26th
Grab a bite to eat at MoTav any time today and 10% of your food purchase will be donated to the SARP Center!
MO|TAV
Cal Poly SAFER is sponsoring an open mic night with a sexual assault theme at Outspoken Cafe on Monterey St.
8 pm - 10 pm

Sexual Assault Awareness Month Proclamations
TUESDAY, APRIL 5th
San Luis Obispo County Board of Supervisors 9 am - 10 am
City of Pismo Beach 5:30 pm
City of San Luis Obispo 7:00 pm

TUESDAY, APRIL 12th
City of Atascadero 5:45 pm
City of Arroyo Grande 7:00 pm
MONDAY, APRIL 18th
City of Grover Beach 6:30 pm

TUESDAY, APRIL 19th
City of Paso Robles 7:30 pm

THURSDAY, APRIL 7th
We will be handing out free stickers & other goodies to raise awareness at the monthly Bike Happening!
9:30 pm in Mission Plaza

WEDNESDAY, APRIL 13th
5 pm - 8:30 pm
Eat dinner at the Guest House Grill in Atascadero and 15% of your bill will be donated to SARP if you bring in our flyer or mention us!

HOFBRAU MORRO BAY
THURSDAY, APRIL 21st
5:30 pm - 8 pm
Enjoy a delicious dinner at the Hofbrau in Morro Bay and 15% of your purchase will be donated to SARP!

WEDNESDAY, APRIL 27th
Women's Empowerment & Self-Defense Workshop
6 pm - 9:30 pm
Centennial Park in Paso Robles

SAN LUIS OBISPO, CA DOWNTOWN
FARMERS' MARKET
THURSDAYS: 6-9 pm
APRIL 7th, 14th & 21st
Visit our booth at Farmers' Market to grab some SARP Center goodies & stop by on the 21st to donate your change to our Coin Drive!

THURSDAY, APRIL 28th
Take Back the Night 6 pm - 9 pm on Broad St.
Live music, slam poetry, info booths & more!
CAL POLY UNDER EQUITY CENTER

ALL MONTH LONG: Get your watch battery changed or the band adjusted at Baxter Moerman & your purchase will benefit the SARP Center!
BAXTER MOERMAN
MODERN • CLASSIC • JEWELRY

ROLLER DERBY
SATURDAY, APRIL 23rd
Paso Robles Event Center
Doors open at 4 pm
Come watch a roller derby double header & raise money for SARP!

WALK A MILE IN HER SHOES.
MILE WALK & FAMILY FUN FAIR
SATURDAY, APRIL 30th
Mission Plaza, SLO
Mile Walk & Family Fun Fair
Walk starts at noon
Fair from 10 am - 3 pm
Benefitting the SARP Center & SLO Symphony
www.walkamileslo.org

For more detailed information about these events, please visit

www.sarpcenter.org

JOIN-A-GYM FUNDRAISERS

Get fit and give back! Make a donation to the SARP Center when you join any of these great gyms throughout the month of April & receive a special discount.

75% OFF ENROLLMENT
6699 Bay Laurel Place, Avila Beach
www.abac.wcaclubs.com



NO ENROLLMENT FEE
(A \$199 value!)
3930 Broad St, SLO
www.eqclubs.com



NO ENROLLMENT FEE &/or
\$122 off 3-month group training program
805 Aerovista Ste. 104, SLO
www.athlonhealth.com



SELF-DEFENSE WORKSHOPS

Workshop covers awareness, assertiveness, and physical self-defense techniques designed to help participants reduce the risk of experiencing a sexual assault. \$10 suggested donation. Contact Jess at 805-545-8888 or education@sarpcenter.org for more information.



WOMEN'S WORKSHOPS - ages 12 and up

SUNDAY, APRIL 3rd
12 pm - 4 pm at the Avila Bay Athletic Club

MONDAY, APRIL 11th
6 pm - 10 pm at the Pismo Beach Vet's Hall

WEDNESDAY, APRIL 27th
6 pm - 9:30 pm at Centennial Park in Paso Robles

GAY MEN'S WORKSHOP

MONDAY, APRIL 18th
7 pm - 9 pm at Cal Poly

CAL POLY EVENTS

Cal Poly's Gender Equity Center is a division of Student Life and Leadership that provides programming to educate students about social justice issues, including gender identity, self esteem, feminism, positive masculinity and sexual assault.

Each year during Sexual Assault Awareness Month, the Gender Equity Center presents ReMEMber Week, a week of events devoted to honoring all victims and survivors of sexual assault, specifically former Cal Poly students Rachel Newhouse and Kristen Smart and former Cuesta College student Aundria Crawford. Through these events, ReMEMber Week is raising awareness about the prevalence and prevention of sexual assault and violence towards all genders on both local and global levels. On Thursday, April 28 we will present our largest event, Take Back the Night, from 6-9 pm at SLO Farmers Market on Broad Street.

Take Back the Night, an internationally recognized event, provides information about sexual assault and also celebrates the progress made towards ending sexual assault; hence, the attendees are taking back the night. There will be a keynote speaker, live music from members of the hit local band Still Time, slam poetry, a collection of information tables from organizations throughout the county, and a Clothesline Project where participants can decorate clothing with a message about ending sexual assault or in remembrance of a survivor they know.



For more information about Sexual Assault Awareness Month events on the Cal Poly campus, please contact the Gender Equity Center at 805-756-2282 or visit www.studentlife.calpoly.edu/genderequitycenter.

WALK A MILE IN HER SHOES.
MILE WALK & FAMILY FUN FAIR

SATURDAY APRIL 30TH
Mission Plaza, SLO

FAMILY FUN FAIR 10AM to 3PM
WALK KICK-OFF 12PM SHARP

Join the SARP Center & the SLO Symphony at the 9th Annual Walk a Mile in Her Shoes & Family Fun Fair!

Registration is \$25 per person

(Pre-Register by April 25th to guarantee an event t-shirt!)
all proceeds directly benefit the SARP Center & SLO Symphony

Visit our website for registration & event info:
www.walkamileslo.org

FREE FAMILY FUN FAIR ACTIVITIES:
Snap Cubby Photo Booth - Hot Jumps Bounce House
Musical Petting Zoo - Arts & Crafts & more!

OTHER SARP FUNDRAISERS



ALL MONTH LONG:

Get your watch battery replaced or the band adjusted at Baxter Moerman Jewelers and all the proceeds will benefit SARP!
1118 Morro St, SLO
www.baxtermoerman.com



SATURDAY, APRIL 23

A portion of the proceeds from the CCRD bout at the Paso Robles Event Center will benefit SARP! Tickets are \$12 pre-sale and are available on-line or at the SARP Center.
www.centralcoastrollerderby.com

SARP CENTER COIN DRIVE
THURSDAY, APRIL 21

Stop by our SLO Farmers' Market Booth & donate you spare change to our coin drive!



DINE-OUT TO DONATE

Eat out this month and raise money for the SARP Center by attending a fundraiser at a participating restaurant. Some fundraisers require flyers that are available at www.sarpcenter.org.



WEDNESDAY, APRIL 13
5 pm to 8:30 pm

8783 El Camino Real, Atascadero

Bring our flyer in for dinner or mention our fundraiser & 15% of your purchase will be donated to SARP!
www.guesthousegrill.com



MONDAY, APRIL 18
11 am to Midnight

1000 Higuera St, SLO

Bring in our flyer when you dine-in or take-out and up to 25% of your purchase will be donated to SARP!
www.woodstocksslo.com



THURSDAY, APRIL 21
5:30 pm to 8 pm

901 Embarcadero, Morro Bay

Enjoy a delicious dinner at the Hofbrau & 15% of your food purchase will be donated to SARP!
www.hofbraumorrobay.com



TUESDAY, APRIL 26
11:30 am - 9 pm
725 Higuera St, SLO

Grab a bite to eat at MoTav all day long & 10% of your food purchase will be donated to SARP!
www.motherstavern.com